

## Two Week Training Program



You're new Hidden Fence is now installed and it's time to continue training your dog on his new boundary.

To ensure that your pet learns his new boundaries, please follow the training procedures outlined below or as modified by our Trainer. Any shortcuts may affect how your dog responds to the system and could be unsafe for your dog.

### 1 PHASE 1 (1-2 days) Audible "Beep" Training (or Vibration)

During this phase, the Training Level on the receiver is set to "Audible Only". On this setting, your dog will hear only the audible "beep" tone (or feel the vibration and will not receive a correction if he enters the Avoidance Zone.

1. Put the receiver collar on your dog 20 minutes before training. Position your dog's regular collar below the DogWatch collar.
2. Clip the green DogWatch training leash on his regular collar.
3. Take your dog outside and play with him in the Safety Zone for a few minutes.
4. Walk your dog around the perimeter of your yard, keeping inside the Safety Zone and about 3 to 4 feet away from the training flags.
5. When you finish the walk, approach a training flag. Hold the dog by the leash in one hand and slap or shake a flag with the other, warning the dog firmly (in a low stern voice) "Watch out! or "Careful!" You can also use a friend or family member to sit in the Avoidance Zone to shake the flag as you approach it.
6. Give the leash a firm tug, and quickly retreat into the Safety Zone. This creates a sense of urgency to the retreat. It is not a casual turn. Remember to use of lot of "Good dog!" praise after you've retreated into the Safety Zone.
7. Now walk your dog around the property allowing him to enter the Avoidance Zone between the two flags.
8. When your dog enters the Avoidance Zone, he will receive an audible "beep" (or vibratiion warning. Immediately say, "Watch out!" and quickly tug on the leash and direct him back into the Safety Zone and praise.



Give a verbal warning at the flags, "No."

9. Repeat several times in different locations (where flags are visible) and watch for hesitation as you approach the flags. Your dog may turn or shake his head when he hears the beep (or feels the vibratiion  
*Remember: Playtime is very important!*

Praise and play with your dog in the Safety Zone for a few minutes. Take your dog inside and remove the receiver collar after about 20 minutes. Train your dog in this manner for a least two days before moving on to Phase 2.

NOTE: If you have a receiver with the **Vibration** feature: "hear the audible beep" = "feel the vibration".

### 2 PHASE 2 (2-5 days) Introduction to Correction

1. Put the DogWatch receiver collar on your dog 20 minutes before going outside to train.
2. Use the green DogWatch training leash to take your dog outside to play a few minutes in the Safety Zone.
3. Walk around the complete perimeter, remaining inside the Safety Zone. Pause along the way to slap a few flags and say, "No!"
4. After training, praise your dog and play with him in the Safety Zone for a few minutes, bring your dog into the house and remove the receiver collar after about 20 minutes.



Give one tug and warning at the flags, "No."

Your Dealer set the receiver to a training level appropriate for your dog and helped you introduce your dog to the correction. Phase Two helps you reinforce your dog's new boundary and the consequences if he crosses the training flags.

- Start the training in a new location each day.
- As you are training, allow your dog to walk into the Avoidance Zone while saying the negative command.
- When your dog retreats out of the Avoidance Zone after hearing the warning "beep", praise him in the Safety Zone.
- Select another location and repeat the exercise.
- If your dog receives a correction and does not react, check to be sure the contact posts are touching the dog's skin. If your dog still does not respond to the correction, contact your Dealer.

**Remember:** Keep the training sessions to no longer than 15-20 minutes, once or twice a day.

**Note:** Do not remove the receiver collar immediately after training as you do not want your dog to associate the collar with the correction.

## Training Tips

### Keep it Fun!

Have fun with your dog while training him. Short training sessions followed by play helps keep him engaged and happy.

### On During the Day / Off at Night

We recommend that you leave your dog's collar during the day (unless kenneled) and remove it at night.

### Taking Your Dog Off-Property

Establish one 'exit' area and always leave the property from that spot, using a command such as "Go for a walk".

### Two Week Training Program

#### 3 PHASE 3 (2-5 days) Introduction to Distractions

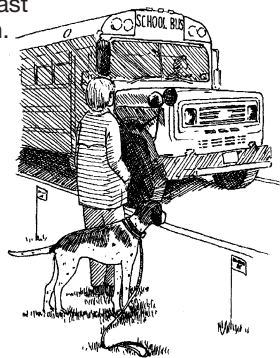
1. Put the receiver collar on your dog at least 20 minutes before going outside.
2. Clip on the green DogWatch training leash and take your dog outside to play a few minutes in the Safety Zone.
3. Walk around the Safety Zone. Have an assistant (friend or family member) appear on the other side of the flags, 10 to 15 away from the flags. Walk past your assistant without speaking but remain in the Safety Zone.
4. If your dog approaches your assistant and enters the Avoidance Zone, allow your dog to receive a correction. Say, "Watch out!" and tug him back into the Safety Zone.
5. Have your assistant go out of sight. Walk your dog around the perimeter and then have your assistant appear again and call the dog's name, but do not allow your assistant to ask the dog to "Come".
6. If your dog attempts to go over to your assistant, reinforce the flags and say, "No!" Repeat the exercise for no more than a 15-20 minutes.
7. If your dog makes no attempt to go over to your assistant, reinforce the flags, end the exercise and praise your dog in the Safety Zone.
8. Repeat the exercise for 2 to 5 days. Then move to Phase 4.



Ask someone to be a distraction.

#### 4 PHASE 4 (2-5 days) Introduction to Increased Distractions

1. Put the receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training leash to your dog's regular collar and take him outside. Play a few minutes in the Safety Zone.
3. Reinforce the flags.
4. Introduce "real life" distractions to your dog. Have a friend drop by or start training when the letter carrier or school bus is scheduled. Take extra care if you use a vehicle as a distraction.
5. Keep the dog on the leash when you first introduce the distraction. If your dog attempts to run past the flags and receives a correction, he should retreat to the Safety Zone. Praise and play with your dog.
6. If your dog retreats to the Safety Zone, drop the leash (but keep it within reach) and reintroduce the distraction.
7. If your dog is afraid to move, pull him back into the Safety Zone. Continue to train with distractions for 2-5 days



Introduce a distraction.

**Remember:** Play and praise at the end of each training session.

#### 5 PHASE 5 (2-5 days) Letting Your Dog Off The Leash

1. Put the receiver collar on your dog at least 20 minutes before going outside to train.
2. Clip on the green DogWatch training leash and take him outside to play a few minutes in the Safety Zone. Remove the training leash and let him run freely in the yard. Shake the flags to reinforce where his boundary is.
3. Important: Your dog will expand his comfort level over a period of time. Your dog should stay about 6 feet away from the flags when he is first let off the leash. Over time, your dog's safety zone will increase to his individual level of comfort. Remove the flags, every other one, every other day.

##### What To Expect Off The Leash

1. Your dog will run toward the flags, see them and stop.
2. Your dog will run into the system, hear the "beep" warning and retreat.
3. Your dog will run into the system, hear the "beep" warning, receive a correction, and retreat.
4. In rare cases, your dog will run through the boundary.
  - Retrieve the dog. Take off the receiver collar and walk him back into the yard.
  - Bring the dog into the house and call your DogWatch Dealer. Additional training or an increased correction level is necessary. Your DogWatch Dealer will instruct you by phone or meet with you and your dog for more training. **Important:** Do not punish the dog verbally for making errors. He's still learning!

#### 6 PHASE 6 (2-5 days) Taking Your Dog Outside The Boundary

Your Dealer will recommend when it is time to take your dog across the boundary for a walk. Remember to remove the DogWatch collar and to always exit from the same place and use the same command. Small dogs can be picked up and carried over the flagged boundary after removing the DogWatch collar.

##### REMEMBER:

1. Never call your dog to "come" or give a recall command when you are outside the flag line.
2. Never walk your dog through the flags during training.
3. Always reinforce the retreat concept by shaking the flag while saying "No" and "Watch out!" and commanding "back-back-back" when your dog receives an audible warning or a correction during the training process.
4. Make sure the receiver collar fits snugly, test the battery regularly and keep the contact posts clean.
5. Keep training to 15-20 minutes once or twice a day.
6. NEVER throw a stick or toy into the Avoidance Zone.
7. ALWAYS maintain a positive attitude when training your dog.
8. REMOVE THE COLLAR at night (or when not in use) to prevent skin irritation from prolonged use.